



Walking Sling Instruction Sheet

This Sling is designed for ceiling hoists with 2, 4 or 6 point standard carry bars with webbing loop attachment

General Guidelines and Information

LiftAssist® slings can generally be used in conjunction with any brand of hoist. However you must first check compatibility. Before use consult your healthcare professional or your LiftAssist® dealer.

Slings typically use either “webbing loops” or “key hole clips” for attachment to carry bars; these are not interchangeable. You must select the same type of attachment in your sling as used by your carrybar/ hoist attachment.

Under no circumstances should any LiftAssist® sling be put in the control of persons who have not received proper training in its operation or the hoist being used. If operated improperly, the combined lift system can cause serious injury. Although the lifting systems are designed to be operated by an attendant, they may also be operated by an unattended individual, providing this person has been properly trained in their use and have both sufficient cognitive and physical ability to do so. The safety of both the attendant and the individual depends upon strict adherence to the following guidelines:

1. All instructions for both hoist and sling should be read prior to their use.
2. Do not, under any circumstances, exceed the safe working load.
3. Prior to using the sling, make a visual inspection for signs of wear. Look for fraying, cuts or tears in the material of both the sling’s body and straps.
4. The sling must be positioned properly under and around the individual, to ensure a balanced lift.
5. The lift system is not a toy; do not use it for unsafe practices. In facilities when more than one staff member is responsible for operating the lift system, it is imperative that all staff are trained in its proper use. A training and orientation program should be established by the facility to acquaint new caregivers.

Special Instructions

This sling is designed to allow a person to be lifted vertically from a sitting position in a wheelchair and positioned upright for walking. The sling is fitted around the chest and leg straps are fitted around the thighs. Then the person is lifted. It is best suited for use with an assistive walking device such as parallel bars, hand rails etc. This sling will normally require several fittings to determine the person’s best fit.

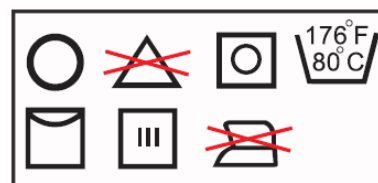


S	W	L	◆	◆	S	W	L
250 Kg					363 Kg		
550 lbs					800 lbs		
Sizes XXS					Size		
JR S M L					XL XXL		

Each sling is size/colour co-ordinated on the binding, handles and straps. Refer the chart above. The slings are approved for a SWL of up to 250kg (550lb) for XXS to L and to 363kg (800lb) for XL to XXL.

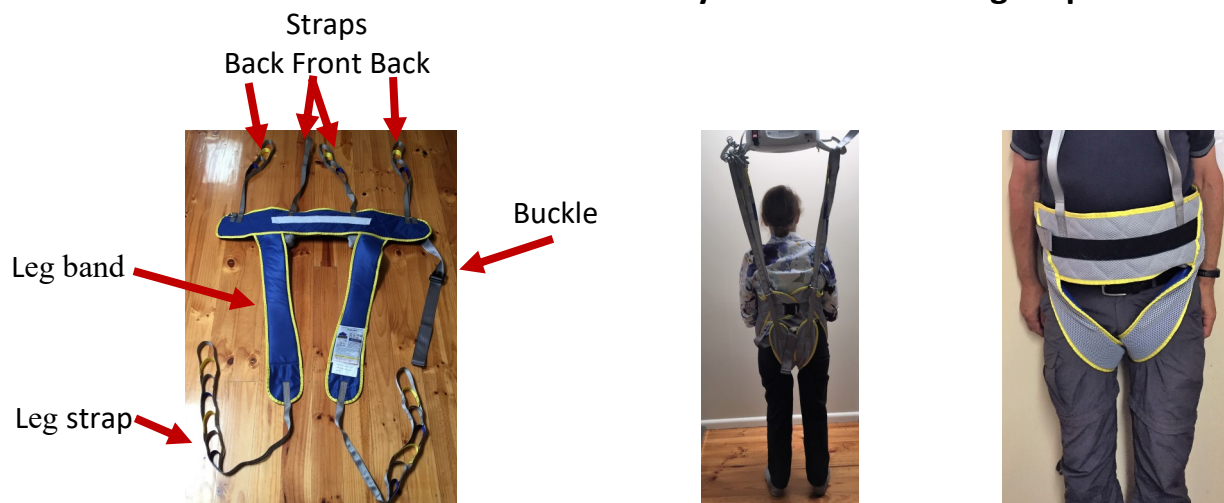
Washing Instructions

The sling should be inserted into a washing/laundry bag prior to being placed into the washer. This is to prevent any unusual wear and tear of the sling by the agitator and/or other parts of the washing machine.



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1. With the person seated in their wheelchair, place the chest band around them from front to back, with the buckle connection in the back.
2. A separate front Velcro cushion is provided for extra comfort. The “U” shape is generally placed up for females and down for males.
3. The vertical positioning of the sling will vary for different people. Initially it should be placed under the arms and positioned low, close to the pelvis.
4. Fasten the belt buckle on the back and tighten to be comfortably firm. The extra webbing can be slipped into the extra loops provided, The belt must be securely fastened before lifting.
5. The leg band should be fitted from the front of the person under their thigh, then pulled toward the back as far as possible. Lift their thigh if necessary. Repeat for the other leg.
6. The leg bands should be crossed at the person’s back, with the leg straps placed through the metal rings on the opposite side. Rings located just above the belt.
7. Attach all straps: leg, front and back to the carry bar. Commence using the first loop, then adjust as appropriate. Front and back straps should bear the same weight distribution.
8. Raise the carry bar so the straps begin to tighten, check that all straps are securely connected before proceeding.
9. During the lift, if the sling feels uncomfortable, the person should be lowered and the straps and/or leg bands repositioned. Note a person’s stomach shape will change as they stand. Tighten belt as needed.
10. In order to attain the best vertical positioning, the leg bands on the back of the person may need to be repositioned, sliding inward. During the lift, the person should have access to the assistive device, such as parallel bars or similar. This is used to assist in lifting to an upright position, as well as for support when walking. Once fully upright and standing, the person can commence walking exercises.

NOTE: It is important to recognise that information contained in this instruction sheet or other publications or media are meant to provide general recommendations only. Such information is not meant to replace an assessment by a qualified health care professional. Additionally, the use of a sling and lift system does not automatically guarantee that safe client transfers will occur. The Clinical Team involved in the care of the client using any assistive device is responsible for determining appropriate client handling protocol and product recommendations. **Phoenix Healthcare strongly recommends that a health care professional perform a Moving and Handling Assessment and recommend the sling and transfer method best suited to each client.**

Due to the fact that Phoenix Healthcare is not involved in the care of each and every client that uses its products, Phoenix Healthcare accepts no responsibility regarding how a facility or individual applies or uses a safe patient handling device, accessory, technique or recommendation.