



# THICK-N INSTANT

## Liquid

**THICKENING CONCENTRATE**  
for the management of dysphagia



precision thickens

Precise Thick-N INSTANT is the GOLD standard for thickening beverages for people with dysphagia.

This innovative product has been welcomed by the industry as it meets the need for a convenient and accurate way to thicken beverages to precise and predetermined viscosities.

FEATURES	BENEFITS
<b>ACCURATE</b>	• Precision pump delivers the exact volume needed
<b>SIMPLE</b>	• Easy mix – liquid disperses easily • Sachet – easy tear, squeeze and mix
<b>QUICK</b>	• Develops viscosity within 30 seconds
<b>SAFE</b>	• Hygienic seal on pump nozzle
<b>STABLE</b>	• Viscosity is stable for 24 hours • Freeze/thaw stable
<b>VERSATILE</b>	• Thickens a wide range of beverages, supplements and laxatives
<b>OTHER BENEFITS</b>	• Neutral flavour, gluten free, lactose free, nut free and suitable for people with diabetes • Suitable for use with IDDSI framework



### SCAN HERE FOR FREE ONLINE TRAINING

or visit our website: [elearning.precisethickn.com.au](http://elearning.precisethickn.com.au)

On successful completion of training, you will be provided with a Certificate of Completion.



LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
SLIGHTLY THICK	MILDLY THICK	MODERATELY THICK	EXTREMELY THICK
<b>1 PUMP SACHET</b>	<b>1 PUMP SACHET</b>	<b>2 PUMPS SACHETS</b>	<b>4 PUMPS SACHETS</b>





## SINGLE SERVE

- For making individual serves of thickened fluids.
- Ideal for drink and medication trolleys or home use.
- Aqua colour coded pump.
- Sachet pack available.



## BULK SERVE

- For making larger quantities of thickened fluids.
- Ideal for drinks prepared in advance in the kitchen.
- Orange colour coded pump.

### STORAGE & SHELF LIFE INSTRUCTIONS:

- Store in a cool dry place. Do not store in the refrigerator or in direct sunlight.
- Product is stable for up to 12 months from date of manufacture.
- All prepared beverages should be consumed within 4 hours at room temperature or within 24 hours if refrigerated.

**INGREDIENTS:** Water, Soluble Plant Polysaccharides, Thickeners (E415, E418, E440, E412), Food Acids (E575, E330, E331), Preservative (E202), Firming Agent (E509).

NUTRITION INFORMATION			
	Average Quantity Per 4.6mL Serve SINGLE SERVE	Average Quantity Per 32mL Serve BULK SERVE	Average Quantity Per 100mL
Energy	9 kJ / 2 kcal	66 kJ / 16 kcal	205 kJ / 49 kcal
Protein	- total Less than 1.0 g	- total Less than 1.0 g	- total Less than 1.0 g
	- gluten Not Detected	- gluten Not Detected	- gluten Not Detected
Fat	- total Less than 1.0 g	- total Less than 1.0 g	- total Less than 1.0 g
	- saturated Less than 0.01 g	- saturated Less than 0.01 g	- saturated Less than 0.01 g
Carbohydrate	- total Less than 1.0 g	- total Less than 1.0 g	- total Less than 1.0 g
	- sugars Less than 1.0 g	- sugars Less than 1.0 g	- sugars Less than 1.0 g
	- lactose Not Detected	- lactose Not Detected	- lactose Not Detected
	- galactose Not Detected	- galactose Not Detected	- galactose Not Detected
Dietary Fibre	1.1 g	7.4 g	23.0 g
Sodium	5 mg	34 mg	107 mg



PRODUCT	ITEM CODE	PACK SIZE/CTN
SINGLE SERVE 3L	57608	(3L bottle + pump) x 2
BULK SERVE 3L	57604	(3L bottle + pump) x 2
SINGLE SERVE 500mL	57656	(500mL bottle + pump) x 10
SINGLE SERVE SACHET 4.7mL	57680	(4.7mL x 100) x 6 boxes

NUMBER OF SERVES	SINGLE SERVE SACHET BOX	SINGLE SERVE 500mL	SINGLE SERVE 3L	BULK SERVE 3L
LEVEL 1 – SLIGHTLY THICK	100	108	650	686
LEVEL 2 – MILDLY THICK	100	108	650	686
LEVEL 3 – MODERATELY THICK	50	54	325	358
LEVEL 4 – EXTREMELY THICK	25	27	163	194

### IMPORTANT NOTICE:

SUITABLE FOR CHILDREN 3 YEARS AND OVER (EXCLUDING THOSE WHO WERE BORN PREMATURELY OR HAVE A HISTORY OF GI ISSUES). THIS RECOMMENDATION IS NOT INTENDED AS A SUBSTITUTE FOR PROFESSIONAL MEDICAL ADVICE, WHICH SHOULD BE SOUGHT ON A CASE-BY-CASE BASIS. FOOD FOR SPECIAL MEDICAL PURPOSES. FOOD AND BEVERAGE THICKENER FOR THE DIETARY MANAGEMENT OF DYSPHAGIA. TO BE USED UNDER MEDICAL SUPERVISION. FOR ORAL CONSUMPTION ONLY. NOT SUITABLE AS A SOLE SOURCE OF NUTRITION. CERTIFIED AUSTRALIAN INNOVATION PATENT NUMBER 2020104240.