

Transfers efficiently. Removes cleanly.

- Exufiber® is a **soft and conformable** non-woven polyvinyl alcohol fibre dressing that transforms into a gel upon contact with exudate.
- The tightly packed fibres keep exudate locked in¹⁻⁴, while the **capillary action enables transfer of exudate to the secondary dressing**^{5,6}.
- Exufiber **promotes autolytic debridement**² and removes in one piece, therefore supporting a clean wound bed^{1-4,7}.
- **Absorbs and locks in** exudate, even under

compression, resulting in reduced risk of leakage and maceration^{1-4,8,9}.

- Can be **left in place confidently for up to seven days*** to support undisturbed wound healing¹⁰.

*And up to 14 days on donor sites, depending on the condition of the wound and the surrounding skin, or as indicated by the local clinical practice.



Exufiber®

Optimising the space
where healing happens


Mölnlycke®

Transfers exudate

Exufiber® dressings transfer exudate efficiently from the wound bed to the secondary dressing, locking it in to reduce the risk of pooling, leakage and maceration^{5,6}. They can be left in place for up to seven days* to support undisturbed wound healing^{4,9}.

*And up to 14 days for donor sites⁴⁻⁹, depending on the condition of the wound and the surrounding skin, or as indicated by accepted clinical practice.

Supports a clean wound bed

Residues and debris left in the wound can trigger a foreign body response, and disturb the wound healing¹¹. Exufiber helps to break down slough by promoting autolytic debridement². It can also be relied upon to stay intact both during use and at removal¹⁻³.

Intended use

Exufiber wound dressing is intended to be used on a wide range of exuding and cavity wounds:

- Leg and foot ulcers
- Pressure injuries
- Partial-thickness burns
- Surgical wounds
- Donor sites
- Malignant wounds

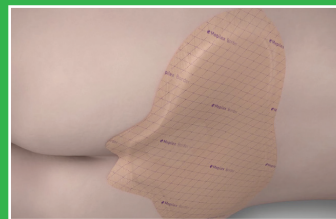
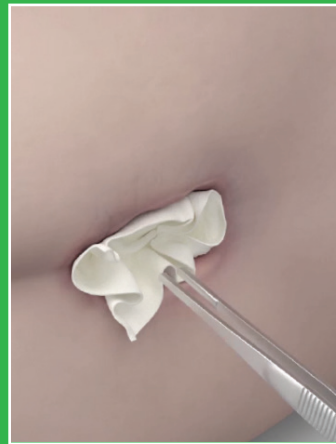
Notes

Should infection develop during the use of the dressing, medical treatment should be initiated according to the local clinical protocols.

Infection is not a contraindication to the use of Exufiber.

Exufiber is not intended for dry wounds or full-thickness burns. If the dressing dries out and is difficult to remove, it should be moistened according to the local clinical practice and allowed to soak until it lifts easily. It may take several minutes for Exufiber to transform into a gel. Remove the dressing by gently cleansing/flushing.

How to use Exufiber



1. Cleanse the wound with saline solution or water according to the local clinical practice. Dry the surrounding skin thoroughly.

2. Apply a dry Exufiber dressing to the wound. For deep wounds or cavities, loosely pack ribbon or pad into the wound to allow room for swelling of the dressing. When using the ribbon dressing, cut to an appropriate length leaving a small overhang of 2-3 cm outside the wound for easy removal. For shallow wounds, choose the correct size of dressing to be able to cover the entire wound. For best results, Exufiber should overlap the dry surrounding skin by at least 1-2 cm for smaller product sizes (up to 10x10 cm) and 5 cm for larger sizes. The dressing will swell, causing contraction of the dressing edges, as it absorbs wound fluid and starts gelling.

3. Fixate with an appropriate secondary dressing. Compression therapy may be used in conjunction with Exufiber.

Please refer to Exufiber Instructions for Use for more details.

Get “The Perfect Couple” advantage

Use Exufiber with Mepilex® Border Flex or any other member of the Mepilex Border family

Mepilex Border Flex combines innovative Flex Technology with our proven Safetac® Technology to create a secondary dressing that stays on and uniquely conforms. Using Exufiber and Mepilex Border Flex together delivers the benefits of both dressings and promotes an undisturbed healing environment for the wound.



Ordering information (sterile packaged)

Product code	Size (cm)	Pcs/Box	Product code	Size (cm)	Pcs/Box	Product code	Size (cm)	Pcs/Box
Exufiber			Mepilex Border Flex			Mepilex Border Flex Oval		
709900	5 x 5	10	595211	7.5 x 7.5	10	583500	7.8 x 10	5
709901	10 x 10	10	595311	10 x 10	10	583300	13 x 16	5
709903	15 x 15	10	595011	12.5 x 12.5	10	583400	15 x 19	5
709904	20 x 30	5	595411	15 x 15	10	Mepilex Border Heel		
709906	4.5 x 20	10	595611	15 x 20	10	282750	22 x 23	6
709908	1 x 45	5				Mepilex Border Sacrum		
709909	2 x 45	5				282050	16 x 20	5
						282450	22 x 25	5

References: 1. Chadwick P, McCardle J. Open, non-comparative, multicenter post clinical study of the performance and safety of a gelling fibre wound dressing on diabetic foot ulcers. Journal of Wound Care 2016; 25(4): 290-300 2. Smet, S., Beele, H., Saine, L., Suys, E., Henrickx, B. Open, non-comparative, multi-centre post market clinical follow-up investigation to evaluate performance and safety on pressure ulcers when using a gelling fibre dressing as intended. Poster Presentation at European Pressure Ulcer Advisory Panel Conference, 2015, Ghent, Belgium 3. Davies, P., McCarty, S., An in-use product evaluation of a gelling fibre dressing in wound management. E-poster presentation at Wounds UK Conference, 2017, Harrogate, United Kingdom 4. Surgical Materials Testing Laboratory. BS EN 13726-1:2002: Test methods for primary wound dressings. Mölnlycke Health Care. Data on file. [2014] 5. Mölnlycke Health Care. Data on file. [2018] 6. Mölnlycke Health Care. Data on file. [2020] 7. Swerea IVF/Mölnlycke Health Care. Test method T-1117 rev. 0. Mölnlycke Health Care. Data on file. [2014] 8. Mölnlycke Health Care. Exufiber. Gesellschaft für Versorgungskonzepte in der Wundbehandlung (GVW) mbH, Stuttgart, Germany. Data on file (unpublished report, 2017) 9. Mölnlycke Health Care. Data on file. [2014] 10. Mölnlycke Health Care. Data on file. [2016]. 11. McGrath A [2011] Overcoming the challenge of overgranulation. Wounds UK 7(1): 42-9. 12.

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