# **Diasip**

A ready-to-drink, nutritionally complete, low glycaemic index oral nutritional supplement for the dietary management of diabetes mellitus. Contains 208kcal and 9.8g protein per 200ml bottle.

#### **Features**

- Suitable as a sole source of nutrition or as a nutritional supplement
- Low glycaemic index (GI) to maintain a slow release of carbohydrate<sup>1</sup>
- High proportion of monounsaturated fatty acids beneficial for lipid profile and glycaemic control<sup>2</sup>
- Unique carbohydrate mix of isomaltulose and slow release starch to help improve glycaemic control<sup>3,4</sup>
- Fibre enriched to help improve glycaemic control<sup>5</sup>
- User friendly, easy to hold plastic bottle with straw attached and resealable cap



For the dietary management of:

- Disease related malnutrition
- Patients with high energy and protein requirements
- Diabetes mellitus
- Hyperglycaemia

## **Important Notice**

- Not for parenteral use
- Not suitable for patients with Galactosaemia
- Not suitable for patients with Fructosaemia
- Not suitable for infants under 1 year of age
- Use with caution in children aged 1-6 years
- · Not suitable for patients requiring a fibre free diet

#### **Directions for Use**

- Shake well before use
- · Best served chilled
- Usage to be determined by a healthcare professional

#### **Storage**

- · Store in a cool, dry place
- Once opened, store in the refrigerator
- Discard unused content after 24 hours





# **Ordering Information**

 To order contact Nutricia Customer Care 1800 889 480

ı	Diasip	Presentation	Code	Units per carton
	Vanilla	200ml bottle	40354	24

### Ingredients

Diasip Vanilla: Water, isomaltulose, dietary fibres (galacto-oligosaccharides (from milk), resistant dextrin, resistant starch, cellulose), vegetable oils (rapeseed oil, sunflower oil), starch (tapioca), lactose (from milk), whey protein concentrate (from milk), soy protein isolate, flavour (vanilla), acidity regulator (citric acid), fish oil, potassium citrate, choline chloride, carotenoids (contains soy) (β-carotene, lutein, lycopene), magnesium hydroxide, di potassium hydroxide phosphate, potassium hydroxide, sodium L-ascorbate, colour (curcumin), calcium chloride, sodium citrate, tri calcium phosphate, thickener (carrageenan), sweeteners (acesulfame-K, sodium saccharin), ferrous lactate, DL-α-tocopheryl acetate, calcium carbonate, zinc sulphate, nicotinamide, retinyl acetate, copper gluconate, calcium-D-pantothenate, chromium chloride, manganese sulphate, sodium selenite, D-biotin, thiamin hydrochloride, cyanocobalamin, cholecalciferol, pyridoxine hydrochloride, pteroylmonoglutamic acid, riboflavin, sodium molybdate, potassium iodide, sodium fluoride, phytomenadione.

- 1. Hofman Z et al. Asia Pac J Clin Nutr 2006; 15(3): 412-417
- 2. Garg A. Am J Clin Nutr 1998; 67 (Suppl): 5775-82S
- 3. Kawai et al. Horm metabol Res 1989; 21: 338-340
- 4. Severijnen C et al. Bouritius J Nutr 2007; 137: 2202-7
- 5. Higgins JA J AOAC Int 2004; 87(3): 761-8



# Diasip

Nutrition Information		Per 100ml	Per 200ml bottle
Energy	kcal	104	208
	kJ	435	870
Protein	g	4.9 (19% E)	9.8
Whey	g	2.4	4.8
Soy	g	2.4	4.8
Carbohydrate	g	11.7 (47%E)	23.4
Sugars	g	8.3	16.6
as Lactose	g	3.6	7.2
Fat	g	3.8 (32%E)	7.6
Saturates	g	0.5	1.0
Monounsaturates	g	2.2	4.4
Polyunsaturates	g	1.1	2.2
ω6 / ω3 ratio		4:1	4:1
Fibre	g	2 (4%E)	4
Soluble:Insoluble		80:20	80:20
Water	ml	83	166

Minerals		Per 100ml	Per 200ml bottle
Sodium	mg	55	110
	mmol	2.4	4.8
Potassium	mg	100	200
	mmol	2.6	5.2
Calcium	mg	53	106
Phosphorus	mg	47	94
Magnesium	mg	23	46
Chloride	mg	45	90
Ca:P ratio		1.1:1	1.1:1

Vitamins		Per 100ml	Per 200ml bottle
Vitamin A	μg-RE	82	164
Vitamin D	μg	1.2	2.4
Vitamin E	mg-α-T.E.	2.5	5.0
Vitamin K	μg	5.3	10.6
Vitamin C	mg	15	30
Thiamin	mg	0.4	8.0
Riboflavin	mg	0.2	0.4
Niacin	mg NE	1.8	3.6
Vitamin B6	mg	0.3	0.6
Vitamin B12	μg	0.65	1.3
Folic Acid	μg	38	76
Pantothenic Acid	mg	0.8	1.6
Biotin	μg	6.5	13

Trace Elements		Per 100ml	Per 200ml bottle
Iron	mg	1.6	3.2
Zinc	mg	1.2	2.4
Manganese	mg	0.33	0.66
Copper	μg	180	360
lodine	μg	13	26
Molybdenum	μg	10	20
Selenium	μg	7.5	15.0
Chromium	μg	12	24
Fluoride	mg	0.1	0.2

XID.	Other		Per 100ml	Per 200ml bottle
9	Carotenoids	mg	0.2	0.4
	Choline	mg	50	100
	Osmolality	mOsmol/kg H <sub>2</sub> O	440	440