

# RESOURCE® Protein



**RESOURCE® Protein** is a high protein supplement specifically formulated for those with additional protein requirements. Suitable for oral use, it provides 1.25 kcal/mL.

## FEATURES

|                                    |   |           |
|------------------------------------|---|-----------|
| Energy Density                     | 1.25 kcal/mL                                      | 5.3 kJ/mL |
| Energy Distribution                |   |           |
| Protein – 30%                      | Milk Protein, Caseinate, Whey Protein Concentrate |           |
| Carbohydrate – 45%                 | Glucose Syrup and Sucrose                         |           |
| Fat – 25%                          | Rapeseed (Canola) Oil                             |           |
| Nonprotein Calorie: Nitrogen Ratio | 59:1  |           |
| Calorie: Nitrogen Ratio            | 83:1  |           |
| P:S Ratio                          | 2:1   |           |
| n-6:n-3 Ratio                      | 2.3:1   |           |
| Osmolality                         | 500 mOsm/kg Water                                 |           |
| Renal Solute Load                  | 641 mOsm/1000mL                                   |           |
| Water Content                      | 161mL/200mL                                       |           |

## CLINICAL INDICATIONS

- Malnourished
- Geriatric nutrition
- Fluid restrictions
- Burns and trauma
- Chronic and acute disease
- Pressure ulcers
- Medication round programs



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## NUTRITIONAL INFORMATION

|                   | Unit of Measure | Avg Qty Per 60mL | Avg Qty Per 200mL (1 Serve) | Avg Qty Per 1000mL (1 Litre) |
|-------------------|-----------------|------------------|-----------------------------|------------------------------|
| <b>ENERGY</b>     |                 |                  |                             |                              |
|                   | kcal            | 75               | 250                         | 1250                         |
|                   | kJ              | 317              | 1054                        | 5270                         |
| Protein           | g               | 5.6              | 18.8                        | 94                           |
| Carbohydrate      | g               | 8.4              | 28                          | 140                          |
| - Sugars          | g               | 3.9              | 13                          | 65                           |
| Fat - Total       | g               | 2.1              | 7.0                         | 35                           |
| - Saturated       | g               | 0.3              | 1.0                         | 5.0                          |
| - Monounsaturated | g               | 1.3              | 4.2                         | 21                           |
| - Polyunsaturated | g               | 0.5              | 1.8                         | 9.0                          |
| Dietary Fibre     | g               | 0                | 0                           | 0                            |
| <b>VITAMINS</b>   |                 |                  |                             |                              |
| Vitamin A         | ugRE            | 72               | 240                         | 1200                         |
| Vitamin D         | µg              | 0.8              | 2.6                         | 13                           |
| Vitamin E         | mgα-TE          | 1.5              | 5                           | 25                           |
| Vitamin K         | µg              | 5.1              | 17                          | 85                           |
| Vitamin C         | mg              | 7.8              | 26                          | 130                          |
| Folic Acid        | µg              | 24               | 80                          | 400                          |
| Thiamin           | mg              | 0.1              | 0.36                        | 1.8                          |
| Niacin            | mgNE            | 1.0              | 3.4                         | 17                           |
| Riboflavin        | mg              | 0.15             | 0.5                         | 2.5                          |
| Vitamin B6        | mg              | 0.17             | 0.56                        | 2.8                          |
| Vitamin B12       | µg              | 0.5              | 1.7                         | 8.5                          |
| Biotin            | µg              | 3.3              | 11                          | 55                           |
| Pantothenic Acid  | mg              | 0.45             | 1.5                         | 7.5                          |
| <b>MINERALS</b>   |                 |                  |                             |                              |
| Sodium            | mg (mmol)       | 48 (2.1)         | 160 (6.9)                   | 800 (35)                     |
| Potassium         | mg (mmol)       | 99 (2.6)         | 330 (8.5)                   | 1650 (42)                    |
| Chloride          | mg (mmol)       | 60 (1.7)         | 200 (5.6)                   | 1000 (28)                    |
| Calcium           | mg              | 72               | 240                         | 1200                         |
| Phosphorous       | mg              | 60               | 200                         | 1000                         |
| Magnesium         | mg              | 14               | 46                          | 230                          |
| Iodine            | µg              | 12               | 40                          | 200                          |
| Manganese         | mg              | 0.17             | 0.56                        | 2.8                          |
| Copper            | mg              | 0.09             | 0.3                         | 1.5                          |
| Zinc              | mg              | 0.8              | 2.6                         | 13                           |
| Iron              | mg              | 0.9              | 3                           | 15                           |
| Selenium          | µg              | 4.5              | 15                          | 75                           |
| Chromium          | µg              | 4.2              | 14                          | 70                           |
| Molybdenum        | µg              | 8.4              | 28                          | 140                          |
| Fluoride          | mg              | 0.07             | 0.24                        | 1.2                          |

## INGREDIENTS

**Vanilla Flavour:** Water, **Milk** Protein, Glucose Syrup, Sucrose, Vegetable Oil, Minerals (Potassium Chloride, Potassium Citrate, Sodium Citrate, Magnesium Citrate, Magnesium Oxide, Ferrous Sulphate, Zinc Sulphate, Manganese Sulphate, Copper Sulphate, Sodium Fluoride, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenite), Emulsifier (471), Flavouring, Starch, Vitamins (C, E, Nicotinamide, Pantothenic Acid, B6, A, B1 (Thiamin), B2 (Riboflavin), Folic Acid, K1, Biotin, D3), Stabiliser (407), Acidity Regulator (525).  
**Contains Milk.**

## ORDERING INFORMATION

### RESOURCE® Protein

| SKU           | Presentation | Units Per Case | Product Code |
|---------------|--------------|----------------|--------------|
| Vanilla       | 200mL bottle | 6 x 4 x 200mL  | 12075869     |
| Coffee        | 200mL bottle | 6 x 4 x 200mL  | 12075945     |
| Forest Fruits | 200mL bottle | 6 x 4 x 200mL  | 12075912     |
| Chocolate     | 200mL bottle | 6 x 4 x 200mL  | 12075910     |
| Apricot       | 200mL bottle | 6 x 4 x 200mL  | 12075909     |

Contains < 1g lactose per 200mL serve.